



for better mental health

Dudley



Leaving a gift in your Will to Dudley Mind

Help us shape the future of mental health

Dudley Mind is a charity registered in England and Wales.

Regn. No. 1002257.

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## What we do

- Our work saves lives. We're there for anyone who is depressed, stressed or in crisis.
- We're a charity and you can help us provide advice and support that allows people with a mental health problem to take control of their lives.

## Why we need legacies

- Legacies are vital to Mind and any gift large or small can make a massive difference to the future of mental health.
- Legacies help us continue our work supporting people with mental health problems.

## What legacies will help Dudley Mind do

- Your gift will help us create a world where everyone experiencing a mental health problem gets both support and respect.
- Your legacy will help make sure no one has to face a mental health problem alone.

## Why people should leave a legacy to Dudley Mind

- Friends and family always come first but giving to Dudley Mind in your Will is one way you can leave a legacy that helps future generations.
- Help shape the future of mental health in the local area, leave a legacy to Dudley Mind.
- Your legacy will help us improve attitudes towards and treatment of everybody who experiences a mental health problem in the future.

## Why we need your help now

- Mental health problems in England and Wales and across Europe are on the rise. By 2020, depression will be the leading cause of health problems in Europe. Your gift will help ensure those affected will have someone to turn to for advice and support.
- We're working harder than ever to make sure mental health services provide the support and care people need, when they need it. You can help us achieve our vision.

## Why we're needed

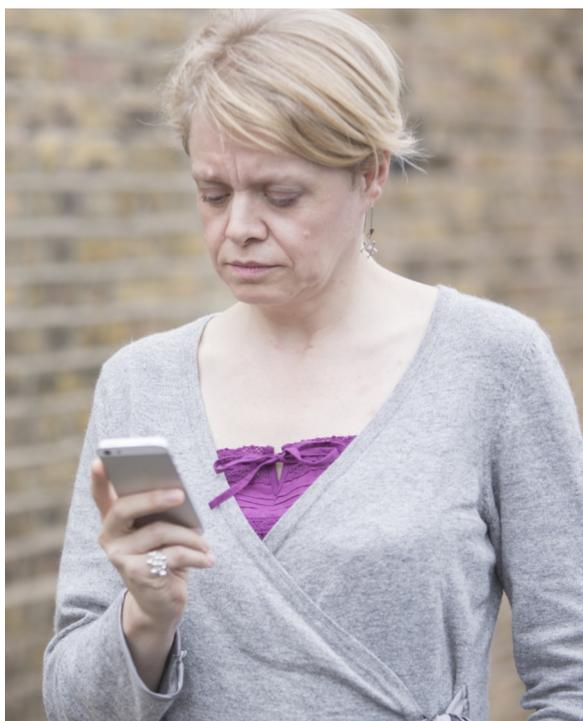
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## What your gift can do

Gifts of any size make a massive difference to Dudley Mind and help us do more for people with mental health problems.

### A gift of £100 ~

can provide 10 people who may be stressed, depressed or in crisis, with support from our information service.

### A gift of £2000 ~

can enable us to deliver depression awareness training to staff in local care homes.

### A gift of £5,000 ~

can help us develop our ecotherapy project—the use of gardening to promote mental well-being.

### A gift of £15,000 ~

could let us recruit, train and support volunteers working to extend our services for a year.

### Or it ~

could let us train 700 people about mental health in voluntary organisations across the Black Country.

### A gift of £25,000 ~

could let us run a weekend crisis centre and out of hours help-line for a year.

### A gift of £100,000 ~

could let us offer a programme of accredited training courses in local schools and colleges to staff and students (over 16) for years to come—changing the outlook of a generation.

# How to Include Dudley Mind in your Will

Writing a Will doesn't need to be a long or complicated task. It's about making sure that your wishes are carried out after you're gone and that the people and causes you care about receive the gifts you want them to have.

## If you haven't written your Will yet

The first thing to do is to make sure your friends and family are looked after. Then you may want to consider leaving a gift to Dudley Mind. Next, we advise you to visit a solicitor to have your Will professionally written.

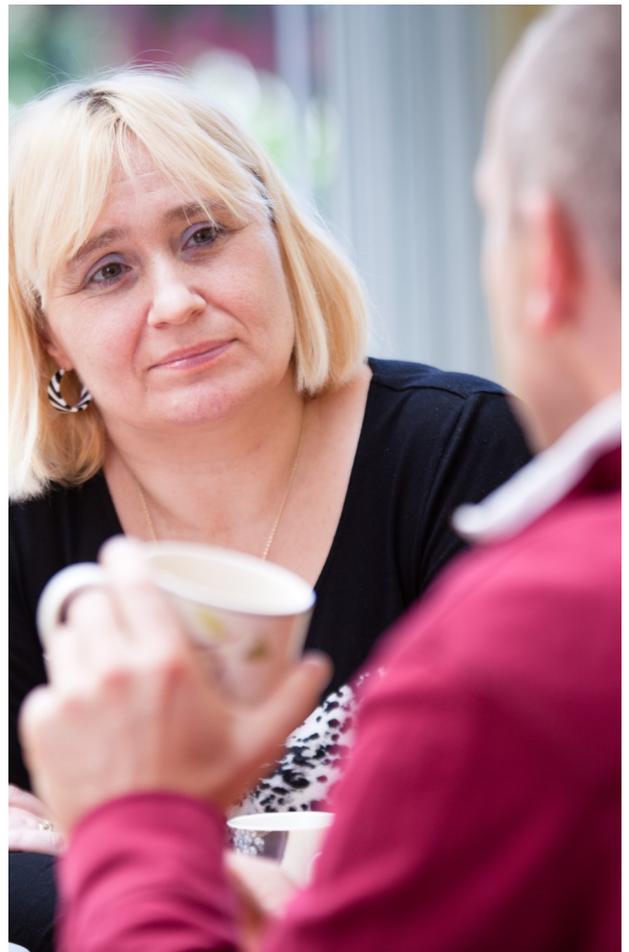
## If you already have a Will

You can amend your Will simply by adding a codicil. You will find a codicil form with this pack that you can use to add a gift to Dudley Mind alongside the other gifts you've already put in your Will. It's advisable to get a solicitor to help you, or you may accidentally invalidate your existing Will. When you store the documents don't pin or staple your codicil to your Will, just keep them all together.

## Five steps to remembering Dudley Mind in your Will:

1. **Make a list of everything you own.** Include your property, investments and any debts. This will help you calculate the value of your estate.
2. **Decide who you'd like to give to.** This may include members of your family, close friends or charities you want to remember in your Will, such as Dudley Mind. Many people choose to leave a residuary legacy as this ensures that family are provided for first.

3. **Decide who you want to name as executor of your Will.** These are people named in your Will who you want to be responsible for making sure your wishes are carried out.
4. **Visit a solicitor.** They will help you put your Will together and ensure it is legal.
5. **Find a safe place to keep your Will.** Keep a copy to check from time-to-time. Your solicitor will often be able to keep your Will on file without charge. It's a good idea to tell a relative or close friend where it is stored.



## Any Questions?

Making a Will is a big decision and we realise you will have questions about it. Hopefully our Q&As will answer many of them, but for detailed advice consult a solicitor.

### Q. What's the point of making a Will?

A. Making a Will means you have a choice in how your things are shared out when you're no longer here. If you don't have one, the Government could divide up your money and possessions and your wishes might be ignored.

### Q. What are the benefits of donating to charity in a Will?

A. Giving to one or a few charities through your Will is a cost-effective way to donate because the gift is exempt from inheritance tax. Every penny you leave to Dudley Mind will help create a world where people experiencing a mental health problem get both support and respect.

### Q. What if I already have a Will, can I amend it?

A. Yes you can. With the help of your solicitor, you can add a codicil, a separate document that you keep with your Will. There is a codicil form with this information pack that you can use to add to your Will and give to Dudley Mind. Don't write anything on your Will itself, as this might invalidate it.

### Q. Are there tax benefits to making a gift to Dudley Mind in my Will?

A. Yes, gifts in Wills to charities are tax-efficient. Currently (2014) you pay inheritance tax at a rate of 40% if your estate is worth more than £325,000, but if you leave 10% or more of your estate to charity, inheritance tax is charged at 36%.

Also, if you need to pay inheritance tax on your estate, any gift you leave to charity will be deducted before what you owe is calculated. So if your estate is £20,000 over the tax-free threshold, and you leave Dudley Mind £5,000, you only pay inheritance tax on the remaining £15,000.

These rates can change every April in the Government's budget, so do check this out with your solicitor.

### Q. How can I work out what to leave?

A. With the help of your solicitor, make a list of all your possessions and estimate their current value. Include your house, belongings, savings and car and deduct your debts. Then you can decide how much to leave to Dudley Mind.

Whatever you choose to leave to Dudley Mind, thank you.

### Q. Can I specify how my legacy will be spent?

A. We'd prefer it if you could avoid restricting the legacy to a specific project or area of work because our services may develop over the years to meet changing needs.

### Q. Can I change my mind about leaving a legacy to Dudley Mind?

A. Of course. We are aware that circumstances change and this may result in you amending your Will.

Thanks for your time and interest in Dudley Mind.