

Meals, spicy & Sides

- * Fish & chips, peas or beans served with bread & butter - **£5.00**
- * Sausage, eggs & Chips- **£4.00**
- * Lasagne , salad and garlic bread- **£4.50**
- * Mighty chicken burger– served with bacon, hashbrown, lettuce, tomatoes and mayonnaise- **£3.50**
- * Cheese burger ,chips & salad **£4.00**
- * Vegetarian burger, chips & salad- **£3.75**
- * Vegetable samosas (2) served with salad and mint yogurt - **£3.00**
- * Pakoras (6) served with salad and mint yogurt - **£3.00**
- * Spicy or BBQ chicken wings (6) served with salad and garlic bread - **£4.00**
- * Spring rolls (4) served with chilli dip and salad- **£3.50**
- * Breaded garlic mushrooms (8) - **£2.50**
- * Onion rings (8) - **£2.00**
- * Bowl of chips- **£1.50**

Drinks

- * Tea - **£1.40**
 - * Fruit tea - **£1.40**
 - * Americano - **£1.75**
 - * Latte - **£2.20**
 - * Latte with syrup - **£2.40**
 - * Cappuccino - **£2.20**
 - * Espresso - **£1.25**
 - * Mocha - **£2.30**
 - * Flat white - **£2.10**
 - * Macchiato - **£2.20**
 - * Affogato- **£2.25**
 - * Hot chocolate - **£2.50**
- (add extra **50p** for marshmallows & whipped cream)
Decaff tea and coffee available. We also provide skimmed, soya ,coconut and almond milk)
- * Milk - **£1.00**
 - * Milkshake- **£1.50**
 - * Tropicana pure juice- **£1.50**
 - * Flavoured water- **£1.00**
 - * Cans of pop- **80p**



Victoria Street, Stourbridge, DY8 1SP

Tel: 01384 910246

Free wifi available!

We provide catering services for parties and events.

Venue and meeting rooms available for hire.

10% discount on all takeaways & Students

Car parking available at side and rear of building

Thanks for your support! With every purchase you're supporting Dudley Mind and helping local people with mental health problems.

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Facebook.com/Food for Thought DM

Breakfast

Traditional Breakfast

- * 1 Sausage, (halal option available)
2 rashers of bacon, 1 egg (scrambled, poached, fried) baked beans, tomato, hash brown, with butter and toast **£4.00**

Vegetarian breakfast

- * 2 Vegetarian sausage, 1 egg (scrambled, poached, fried) baked beans, tomato, hash brown, mushrooms, served with a slice of toast and butter **£4.00**

- * Toast with a choice of preserves - **£1.50**

- * Toasted bagel- served with butter and a choice of preserves - **1.75**

- * Toasted bagel- served with cream cheese, smoked salmon and rocket salad -**£3.25**

- * Porridge served with a choice of preserves **£1.75**

- * Greek yoghurt- served with fresh fruit and nuts- **£2.75**

- * Egg and toast - two fried/scrambled/ poached- **£2.50**

Hot Sandwiches

- * Bacon or sausage- with two slices of bread/toast- **£2.30**

- * Breakfast panini – served with bacon or sausage with cheese . (choose either mushrooms, tomatoes, hash brown or baked beans. **£ 3.00**

- * *Extras: 1 slice of toast 30p, egg 40, black pudding 50p, beans 35p, bacon 45p, sausage 45p, fried bread 30p, tomatoes 35p, mushrooms 35p, hash brown 35p,*

Lunch (served from 11.30 till 3.00)

Jacket Potato-served with butter, salad, and coleslaw. Choose either:

- * **Option 1** - with two fillings cheese, beans or sweetcorn **£4.00**

- * **Option 2-** two fillings, tuna mayonnaise or chilli con carne or chicken tikka- **£4.50**

- * Soup served with butter and a crusty roll from - **£2.25**

- * Panini – served with side salad and tortilla crisps **£3.50**
Choose from: Cheese and ham, Tuna melt, tomato, basil & mozzarella or create your own and choose two fillings: onions, peppers, tomatoes, cheese, bacon, mushrooms, spinach, chorizo or chicken
Add 40p for additional fillings

- * Ploughman's Lunch served with side salad, coleslaw and crisps **£4.00**

Sandwiches, & baguettes.

Served with side salad and crisps.

- * Egg mayonnaise **£3.20**

- * Cheese & pickle **£3.20**

- * Cheese & tomato **£3.20**

- * Ham & tomato **£3.20**

- * Tuna mayonnaise **£3.60**

- * Chicken tikka **£3.60**

- * Chicken salad **£3.60**

Add extra 40p for a baguette.

Light Bites & Meals

- * Avocado on toast **£3.00**

- * Hummus & toasted pitta bread. Served with vegetable sticks and coleslaw- **£2.85**

- * Bowl of salad. **£3.00**
Choose either, Chicken, tuna , egg ,ham, bacon ,prawns or chorizo

- * Hot smoked salmon salad– flaked salmon with mixed leaves, new potatoes, salad & fruit and French dressing- **£5.50**

- * Omelette with any two fillings served with salad- **£3.00**
Choose from: cheese, tomatoes, ham, onions, peppers, mushrooms, pineapple , bacon, chorizo, spinach or chicken

- * Cheese on toast **£2.60**

- * Beans on toast- **£2.25**

- * Fish finger sandwich served on a bed of lettuce, tartar sauce and salad - **£3.25**

- * Tortilla wraps with hummus or cream cheese spread served with garlic bread . **£3.00**
Choose either, chicken , tuna or bacon

- * Pulled pork roll with apple sauce and stuffing - **£2.80**

- * Cheese potato pie, garlic bread & salad **£4.00**